

BREAKFAST

The most important meal of the day

West Coast Parfait	\$5.36
D-Licious Breakfast Burrito	\$5.80
Licious Signature Smoothies	\$5.09

Licious Signature Smoothies

Chocolate Protein Monkey	\$5.09	V
Licious Very Berry Smoothie	\$5.09	V
Almond Milk Fruit Smoothie	\$5.09	V, DF

WE LOVE SNACKING

Keep your energy up all day long!

Banana Chocolate Chip Cookie	\$2.50	GF
Morning Madness Cookie	\$2.50	
Banana Chocolate Chip Muffin	\$2.50	
Fruit & Nut Pack	\$2.95	
Deluxe Nuts	\$2.95	
Protein Bars: Zone, Elevate, Lara	\$2.50	
Don't Forget to Hydrate: Assorted Beverages		

ENTRÉE SALADS

Greens: gourmet, energizing with all the right stuff.

Sunshine Chicken Salad	\$8.93	
Bangkok Beef Salad	\$8.93	DF
Turkey Antipasto Salad	\$8.93	
The Big Greek Salad	\$7.99	V
Chicken & Vegetable Quinoa Salad	\$8.93	DF
Mediterranean Quinoa Salad	\$7.50	V, DF
Shrimp & Edamame Salad	\$8.93	DF

SANDWICHES & WRAPS

Not your typical cold cut combo – healthy & hearty

Towering Turkey Sandwich	\$6.92	
California Chicken Sandwich	\$6.92	
Jerk Chicken Wrap	\$5.98	
Salmon Sushi Wrap	\$7.50	DF
Big Bunny Veggie Wrap	\$5.98	V
Hearty Yam & Black Bean Wrap	\$5.98	V, DF

READY TO HEAT

Licious variations of traditional faves.

Thai Chicken Coconut Curry	\$8.93
Greek Chicken Souvlaki	\$8.93
Texas Style Turkey Chili	\$5.80
Texas Style Veggie Chili	\$5.80
Stir-it-up Chicken	\$8.93
Home-style Beef Lasagna	\$7.99
Home-style Veggie Lasagna	\$7.99

Hot entrée items will be cold weather cart items, but are always available for pre-order!

Licious Living

PREORDER: Looking for something from the Licious menu that you don't see listed here? Pre-order from the Licious cafes and your meal will be waiting for pickup at the Mobilicious cart.

CATERING: Licious Office Catering is available: Salads, platter style sandwiches, wraps, cheese, dessert trays, fruit or veggies and dip – and almost any other catering item you can think of. Call 604-685.7054

PERSONAL HOME DELIVERY: Delicious, nutritious food prepared daily for you, and delivered to your home or office.

Mobilicious Street Cart Menu



V = Vegetarian, GF = Gluten Free, DF = Dairy Free

www.liciousliving.com

604.685.7054