

# COST COMPARISON



## Average Person's Cost of Planning, Shopping & Cooking:

<b>Weekly Groceries*</b>		<b>\$150.00</b>
*Pricing based on local grocery store pricing, estimated for an average weekly food basket.		
Lunches	Bought 2x per week	\$20.00
Dinners	Takeout or pickup prepared meals 2x week	\$30.00
Extra Drinks, Snacks	2 per day (\$5 per day)	\$35.00
<b>Weekly Total</b>		<b>\$235.00</b>
<b>Monthly Total</b>		<b>\$940.00</b>
<b>Time Costs</b>	7 to 10 hours/week \$15 to \$18 per hour of precious time (we know you're worth a LOT more per hour, just being conservative)	
Planning, Preparation, Shopping		\$126.00
<b>Monthly Time Cost</b>		<b>\$504.00</b>
<b>TOTAL ESTIMATE</b>	Taxes extra	<b>\$1444.00</b>



## Licious Living Personal Home Delivery Service:

Weekly Cost	7 days, 3 meals & 2 snacks*	\$286.93
Time Cost	20 minutes of your time do discuss your needs and arrange delivery	\$5.95
<b>Monthly Cost</b>		<b>\$1153.67</b>
*Taxes and delivery surcharges for outlier areas not included.		

Just imagine all the things you'll do in your spare time!