

Welcome to Licious Living

Licious Living makes eating well easy and enjoyable by offering a wide range of personal and catered meal services. We focus on offering freshly prepared nutritious foods that taste delicious and make you feel great. Call for details 604.685.7054.



Licious Cafes

Our cafes are a great place to grab-and-go freshly prepared, delicious, balanced meals for breakfast, lunch and dinner. We currently have two locations in Vancouver:

- 1) Unit 411 – 1055 Dunsmuir Street (in Bentall Tower 4, 604.569.1242).
- 2) 955 Burrard St. at the Robert Lee YMCA



Personal Home Meal Delivery

Following our 28 day menu plan, each morning our clients wake up to an ice packed cooler filled with delicious, nutritious meals, so they don't have to worry about planning, shopping, or cooking! Choose a program that works best for your life, goals and schedule.



Licious Office + Event Catering

We offer a full range of catering services including corporate (larger events and meetings), employee meal ordering programs (individual meals delivered to the office), private dinners and events, and nutrition lunch and learns.



Licious Personal Chef Program

Our personal chef team will create gourmet, organic, healthy meals that are tailored to your individual tastes and nutritional needs. Follow our Chef's Menu or let us know your preferences and we'll create one for you. Whether you have specific dietary needs and health goals, or simply want to eat well without having to plan, shop or cook, our Licious PC team can create the a menu that you'll love to eat.